

Lesson 3

**smARTpower Sharing Culture
All Saints College, Ibadan, Nigeria**

Community, Collaboration, and Identity of Interbeing

Tuesday April 24, 2012. 11:00 – 2:00PM

Description: This workshop begins by exploring the multifaceted concepts of Brett Cook's artistic practice with examples of individual installations as well as work from successful partnerships. This introduction to installation is to prepare workshop participants for the final workshop celebration the final day that will utilize material generated from the previous smARTpower Sharing Culture collaborative workshops.

The second part of the workshop involves participants in expressing their individual selves in an inclusive way to manifest interbeing – recognition of difference in us that at the same shows our interconnectedness.

- Aims:
- A.) Have participants consider multi disciplinary/multi media assemblages and how they affect viewer accessibility to ideas.
 - B.) Recognize installation as a variety of languages.
 - C.) Create a Rubric that works as a guide to articulate aspects “Community” to add to the pre existing rubric of “Collaboration.”
 - D.) Participate in individual, small group, and entire workshop learning experiences.
 - E.) Practice yoga asanas as a way to bring focus to mind, body, and spirit while thinking about space.
 - F.) Create mirrored works or art that showcase a part of the creator while reflecting that same part in the viewer.

Materials: Visual Studies Worksheet for installation speakers/power strip
Mirrored sheets of Paper > 8.5” X 11” Paint pens
“Collaboration” rubric from first presentation and “Community” rubric
Tape to add to

- Methods:
- A) Yoga Asanas 15 minutes
 - B) Look at images of Brett Cook's past work 30 Minutes
 - C) Contemplate answers to the question, “What are you made of?”
 - D) Using the mirrored paper, first sign your name on the non reflective side and additionally write three sentences on the non reflective side of the paper that answer the question, “What are you made of?”
 - E) Using paint pens, represent one or more of the sentences you have written on the mirrored side of the paper. If other ideas come that are not one of the three answers from the non-reflective side of the paper, they can be represented too. 30 minutes
 - F) Participants add their prepared polyester self-portraits from the previous day to magnify the reference of themselves in their work.

G) Close – announce Friday with videographers, and reflections 20
minutes

“There’s no separation between self and other, and everything is interconnected... your happiness and suffering depend on the happiness and suffering of others. This insight helps you not to do wrong things that will bring suffering to yourself and to other people. If you try to help your father to suffer less, you have a chance to suffer less. If you are able to help your son suffer less, then you, as a father, will suffer less. Thanks to the realization that there is no separate self, you realize that happiness and suffering are not individual matters. You see the nature of interconnectedness and you know that to protect yourself you have to protect the human beings around you. “ -Thich Nhat Hanh